

Staying Power

Many women would no sooner get permanent makeup than they would get a heart with "I Love Mom" emblazoned on their arm. Both, essentially, were tattoos, and the resulting eyeliner and eyebrows were rarely subtle.

Kimberley Knapp, owner of Skin Apeel Day Spa, agreed wholeheartedly—until recently. She doubted the safety of the tattoo machine usually used for permanent makeup, and she disliked the results. But Knapp recently started offering a new technique that she says is more hygienic and that creates a softer look with a thinner line.

"It's much more natural-looking because it's a softer line," Knapp says. "We can put pigment right in the lash line, as opposed to above it. This just ends up making the lashes look thicker and framing the eyes."

The result: enhanced features, not the severely defined ones that the old type of tattooing sometimes created.

The most requested permanent makeup? Eyebrows, followed by eyeliner, with lip liner a distant third. Knapp won't blush cheeks because she says the results are unnatural. **Skin Apeel** is at 21301 Powerline Road in Boca; 561/852-8081.



Spring Fever

Keep those running shorts from chafing—and welcome the season with wake-up aromas, like watermelon and marigold. Origins has introduced scented body powders, with cornstarch and oat flour to keep you dry. **Origins Spring Fever Body Powder** is available at Burdines and Bloomingdale's (\$20).

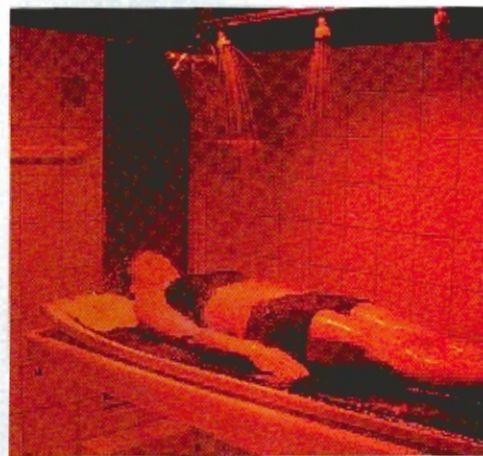
Rain, Rain, Don't Go Away

We haven't felt this relaxed since we left the womb.

Wild Hare Spa's Vichy showers transport you to a more primitive time, when you might have stretched out right in the tall grass of the jungle and let the soothing rain wash over you.

But at Wild Hare, there are no wild animals to ruin the mood. You lie on a table, rubbed with aromatic salts. Gentle drizzle from the Vichy shower mist your body, carrying you far from your cell phone and closer to the rain forest.

Many clients prolong the escape by following their Vichy shower with a massage. **Wild Hare Salon & Spa** is in the **Whole Foods Shopping Village** at 18th Street and Powerline Road in Boca; 561/391-9600.



Send Sven, On The Double

Sometimes your aching muscles just won't wait for an appointment.

No need to suffer:

Healing Hands is now available in South Florida, and promises a licensed massaged therapist at your doorstep within an hour of your phone call.

Touting a celebrity-filled client list,

New York-based company Healing Hands will provide virtually any kind of massage you want, from a sports rubdown to what they call "aura-cleansing color massage." (No wonder Phoebe, Lisa Kudrow, and other celebrities love the earthy character, worked by Healing Hands on "Friends.") For a full night of indulgence, Healing Hands will send a chef, massage therapist, and butler to your home.

Call 800/636-7360.